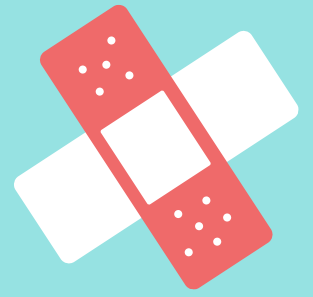


ATTENTION!

SHIP has changed its insurance carrier. Here's what you can do to make sure your providers are still in-network.



1 MEDICAL SERVICES

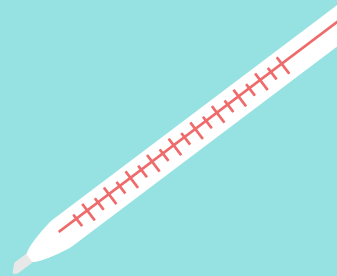
In California, the majority of **SHIP's** in-network medical providers are contracted with **Blue Shield PPO**. To find out if your current medical provider is in-network:

- Look up your provider on the **Wellfleet provider search tool**:
<http://berkeley.wellfleetinsurance.com/providers>
- If you can't find them in this tool:
 - Contact the **SHIP office** so they can start the process to get them added to Blue Shield's network and/or offer other options so you can continue your current care
- For information on Continuity of Care or Transition of Care assistance and resources, please see SHIP's Provider Resources page:
<https://uhs.berkeley.edu/insurance/ship-resources-providers>



2 MENTAL HEALTH SERVICES

- To find out if your mental health provider is in-network, look up your provider at
<http://berkeley.wellfleetinsurance.com/providers>
- If you do not see your mental health provider listed here, please call the SHIP office to confirm their network status as they are still updating the search tool
- Please note **mental health co-pays** will not be changing for those seeing in-network providers



3 OTHER SHIP CHANGES

In addition to the provider network, certain co-pays and deductibles are also changing under the new SHIP plan. Check here for more information:
<https://uhs.berkeley.edu/insurance/ship-benefits>



If you have any questions throughout this process contact the **SHIP office** at (510) 642-5700, email ship@berkeley.edu, or send a secure message through **eTang patient portal**.

For further assistance and support, contact the Student Advocate's Office at help@berkeleysao.org

